
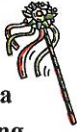















South Cottage May 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daily Happenings: 1:1 Visits Coffee Chat Strolls Pet Therapy & Volunteers 	<u>Church Services</u> Anglican: 2/4th Tuesday Catholic: Every Wednesday 10:00 am. (Lodge Activity)	1 Sensories 10:15 Sing A Long 11:15 May Day Trivia 1:30 Homelife - Baking 3:30 Literary Listners 	2 Manicures & more 10:40 Youth Connections 2:00 5 Card Bingo 3:30 Wellness Circle (The Beauty of Nature)	3 Healthy Smoothies 10:30 Morning Strolls 11:00 Cottage Crooners 2:30 BMO Concert (Lodge) 4:00 Patio Classics	4 10:30 Generations 12:00 Dine In Lunch 2:30 Word Games 3:30 Mini Golf	5 Volunteer Visits 2:00 Cinco De Mayo 3:30 Garden Strolls 
6 World Laughter Day! Volunteer Visits	7 No Recreation Today	8 Sensories 10:15 Ball Toss 11:15 Reminiscing 1:30 Therapeutic Touch 3:30 Table Games on Patio 	9 Traveling Minstrel 10:40 Youth Connections 1:00 Riverside Tea 3:30 Wellness Circle	10 Traveling Minstrel 10:15 Baking 11:00 Sing Along 1:45 Scenic Drive 3:30 Lawn Darts 	11 10:30 Generations & Hymn Sing with Mitch 2:00 Katherine Hepburn 3:30 Parade Preparation	12 10:30 May Day Parade Come and enjoy! Front Row seats 
13 Happy Mother's Day! 	14 No Recreation Today	15 Sensories 10:15 Morning Strolls 11:30 News & Views 2:00 Homelife- 3:30 Literary Listeners	16 Manicures & more 9:30 Stretch & Relax 10:40 Youth Connections 2:00 All about Lilacs 3:30 Wellness Circle	17 Healthy Smoothies 10:15 Fitness 11:00 Cottage Crooners 2:00 Katherine Hepburn 3:00 Music Listening	18 10:30 Generations & Hymn Sing with Mitch 11:15 Garden Chat 2:00 Scenic Drive	19 Morning Volunteer Visits 2:00 Entertainment 3:30 Movie Matinee
20 Family Time	21 	22 Sensories 10:15 Fitness - Weights 11:30 News & Views 2:00 Entertainment 3:30 Armchair Travel	23 Manicures & more 10:40 Youth Connections 11:30 Hollywood Stars 2:00 Mini Golf 3:30 Wellness Circle 	24 Traveling Minstrel 9:45 Rise & Shine Smoothie 10:40 Youth Connections 2:30 Birthday Bash! 4:00 Garden Tunes	25 10:30 Generations 11:30 News & Views 2:00 Active Games 3:30 Garden Strolls	26 Volunteer Visit 11:45 Lunch Outing 2:30 Scenic Drive 3:30 Music on the Patio 
27 Family Time 	28 No Recreation Today	29 Sensories 10:15 Ball Toss 11:30 News & Views 2:00 Scenic Drive 3:30 Outdoor Games 	30 Manicures & more 10:40 Youth Connections 12:00 Waffle Wednesday 2:00 Garden Time 3:30 Wellness Circle	31 Healthy Smoothies 10:15 Expressive Art 11:00 Cottage Crooners 2:30 Music with Riverside 3:30 Herb Gardens	<u>Music Therapist</u> Sally Howard 604-468-5049 Every 2nd Wed. & Thursdays 9-5 	<u>Recreation Therapist</u> Cheryl Bain 604-468-5047 Tues-Fri 9-5 Saturdays with residents 1:30 -5pm