



## **HAWTHORNE HAPPENINGS**

### **RENOVATION NOTICE**



The Pile Driving phase of our construction project will begin Friday, May 27. Please expect and plan for noise disruption.



Mondays through Saturdays  
8am – 5pm

This phase will last approximately 3 weeks.

If you have any serious concerns, please contact Kevin Lagran, Maintenance Coordinator at 604-831-7199.

### **Rotary May Day Parade**

Hawthorne Seniors Care Community has been participating in the May Day Parade for over twenty years! Hawthorne has changed and grown through those years but it has remained an exciting annual spring rite of passage. Come March, residents start discussing ideas and rolling up their sleeves.



We rely heavily on home made decorations; this ensures residents/tenants fully enjoy being involved in the whole experience. The Port Coquitlam May Day Parade is our parade; it touches nearly everyone in Hawthorne Seniors Care Community. For many years now the parade finishes at the end of Hawthorne Avenue at Tyner. This means nearly all the residents/tenants watch the parade and cheer us home and this year was no exception with an excellent turnout of participants and spectators.

Many thanks to the Rotary Club of Port Coquitlam Centennial and the City of Port Coquitlam for making this year's parade a success.

~ **Submitted by Carole Inkson** ~  
Recreation Therapist, Lodge



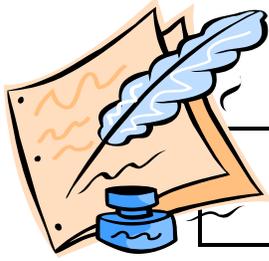
## **National Volunteer Week!**

Hawthorne Seniors Care Community celebrated our annual Volunteer Celebration event on Saturday, April 16. Many volunteers came out to enjoy the festivities.

The Volunteers were treated to a buffet dinner with a variety of pizzas, salads and deserts. Acknowledgements followed the lunch with each volunteer receiving a gift certificate to Tim Hortons. Hawthorne is very lucky to have so many amazing volunteers we truly appreciate each and every one of you. **THANK YOU VOLUNTEERS!!!**

The Recreation Therapy staff lived up to their reputation and put on another great show by showcasing their singing talents.

A big **THANK YOU** to Recreation/Music Therapy team and the kitchen staff for all of your assistance to ensure the afternoon would be a hit.



# Poetry Corner

## Happy Father's Day

A Dad is a person  
who is loving and kind,  
And often he knows  
what you have on your mind.  
He's someone who listens,  
suggests, and defends.

A dad can be one  
of your very best friends!  
He's proud of your triumphs,  
but when things go wrong,  
A dad can be patient  
and helpful and strong  
In all that you do,  
a dad's love plays a part.  
There's always a place for him  
deep in your heart.



And each year that passes,  
you're even more glad,  
More grateful and proud  
just to call him your dad!

Thank you, Dad...  
for listening and caring,  
for giving and sharing,  
but, especially, for just being you!  
Happy Father's Day

~ From the Internet



# Food for Thought



Saying God Bless You When Somebody Sneezes – When the great plague swept Europe, sufferers began sneezing violently which was a sign of death. The Pope therefore passed a law requiring people to bless the sneezer. At the same time, it was expected that anybody sneezing would cover their mouth with a cloth or their hand. This was obviously to stop the spreading of the disease, but many believed that it was to keep the soul intact. Sneezing “into the air” would allow the soul to escape and death would be imminent. Up until this time, the opposite was true. Those who sneezed were congratulated, as it was believed that a violent sneeze would expel evil from their bodies.



# Sports Trivia



- What pitcher appeared in 106 games in one season?
- Kent Tekulve
  - Wayne Granger
  - Mike Marshall
  - Wilbur Wood
2. What pitcher started 51 games in one season?
- Ed Walsh
  - Christy Mathewson
  - Rube Waddell
  - Jack Chesbro
3. Who was the first Orioles player to win the Rookie of the Year award?
- Roy Sievers
  - Ron Hansen
  - Curt Blefary
  - Al Bumbry

## Answers:

1. c, 2. d, 3. a

# Food for Thought

## Happy Canada Day, July 1<sup>st</sup>

A national holiday in Canada and formerly known as Dominion Day, Canada Day is observed on July 1<sup>st</sup> (or on the following day when it falls on Sunday). It is the official date when we celebrate our unity as one country.



Canada Day commemorates the confederation of Upper and Lower Canada, plus some of the Maritime Provinces, into the Dominion of Canada. The event took place on this date in 1867, after a vote by the British House of Commons. Celebration activities include fireworks, dances, contests and a variety of cultural and educational events.

## Canada Day Trivia

1. What is the origin of the name “Canada”?
2. Who was the first Prime Minister of Canada?
3. What animal is on the Canadian quarter?
4. How many oceans touch Canada?
5. How many countries border Canada?
6. What is the most recent territory in Canada called?

### **Answers:**

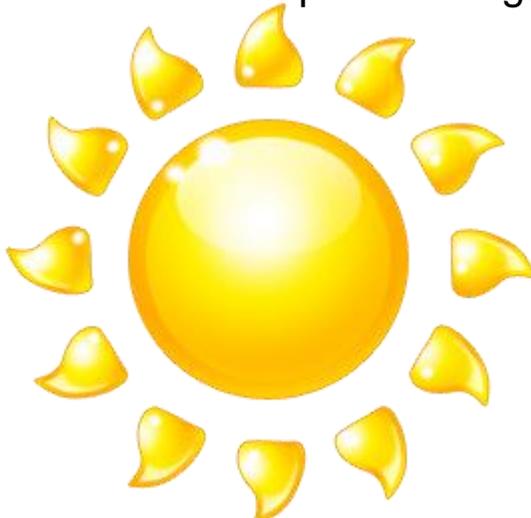
1. Canada is a name derived from the Huron-Iroquois kanata meaning, a village or settlement.
2. Sir John A. Macdonald
3. The Caribou
4. Three – the Atlantic on the east, the Pacific on the west and the Arctic to the north.
5. One – the USA
6. Nunavut

## The Summer Solstice

Each year, the timing of the solstice depends on when the Sun reaches its farthest point north of the equator. This occurs annually on June 20 or June 21 in North America, depending on your time zone. The word *solstice* is from the Latin *solstitium*, from *sol* (sun) and *stitium* (to stop), reflecting the fact that the Sun appears to stop at this time (and again at the winter solstice).

**Question:** Why isn't the summer solstice, the longest day of the year, also the hottest day of the year?

**Answer:** Earth's atmosphere, land, and oceans absorb part of the incoming energy from the Sun and store it, releasing it back as heat at various rates. Water is slower to heat (or cool) than air or land. At the summer solstice, the Northern Hemisphere receives the most energy (highest intensity) from the Sun due to the angle of sunlight and day length. However, the land and oceans are still relatively cool, due to spring's temperatures, so the maximum heating effect on air temperature is not felt just yet. Eventually, the land and, especially, oceans will release stored heat from the summer solstice back into the atmosphere. This usually results in the year's hottest temperatures appearing in late July, August, or later, depending on latitude and other factors. This effect is called seasonal temperature lag.



# Announcements

## Summer Career Placement Students

For the twelfth year in a row, Hawthorne will be receiving funding from Human Resources Development Canada for five summer students. The successful candidates will work approximately 40 hours per week for 9 weeks, starting in July 2016.



Four of the students will focus their time on enhancing and beautifying the gardens and green space of Hawthorne Seniors Care Community for residents, families, staff, volunteers and visitors. The fifth student will be working in administration.

A big **THANK YOU** to Rhamona who will be helping the students who are new to gardening please feel free to check out his garden blog he provides for the students and staff:

[http://thegardenatmomshouse.blogspot.ca/p/blog-page\\_15.html](http://thegardenatmomshouse.blogspot.ca/p/blog-page_15.html)

### Did you know...?



**Coke's Beginnings:** Coca-Cola has been a popular drink around the world for over a century. It started as medicine to cure headaches, hysteria and hangovers, but when someone mixed it with soda water, it tasted so good Coke switched to being a refreshing beverage and sales soared.

# Food for Thought

## FATHER'S DAY WORD SEARCH

H S I F S U O R E N E G  
U P A E R E D L I U B A  
H O C K E Y L Y K E A R  
B R A V G A R S I D A D  
E T M R B P L A V O L E  
U S H E X O R I D P L N  
C U S H O A S E A N M E  
E A S T P O M L D Y I R  
B E V A R B H R A A M K  
R Y A F G S D R A Y E E  
A R G U H O G N I V O L  
B O C R E W O M N W A L

BARBECUE  
LAWNMOWER  
GARDENER  
BASEBALL  
GENEROUS

ADVISOR  
HOCKEY  
FATHER  
LOVING  
LEADER

BUILDER  
FISHING  
SPORTS  
LOYAL  
BRAVE

TOOLS  
KIND  
HUG  
DAD  
YARD

