



HAWTHORNE HAPPENINGS

Terry Fox

Terry Fox, a teenager from Port Coquitlam, B.C. was diagnosed with osteogenic sarcoma (bone cancer) in his right leg in 1977. His leg was amputated six inches above the knee. While in the hospital, Terry was so overcome by the suffering of cancer patients that he decided to run across Canada to raise funds for cancer research. His journey was called "The Marathon of Hope."

Terry's Marathon of Hope took place in 1980 with Terry's simple objective for raising the awareness of all Canadians of the critical need to find a cure for cancer. His run started in St. John's, Newfoundland. His fierce determination resulted in his running an average of 26 miles every day for 143 days (3,339 miles) through six provinces. Terry was forced to end his run outside Thunder Bay, Ontario. His cancer had spread to his lungs. Terry died in June 1981. However, by February 1981 Terry's hope of raising one dollar from every Canadian was realized - The Terry Fox Marathon of Hope fund totaled \$24.17 million dollars worldwide. Over \$700 million has since been raised in Terry's memory worldwide. Every year in September more than one million participants across the country continue to raise funds. They walk, jog or bike in memory of Terry Fox at



many events across Canada. It is a fitting tribute to a man who knew that cancer had no boundaries. Port Coquitlam has immortalized Terry by naming the “Terry Fox Library” and “Terry Fox Secondary School” after him. **The 36th annual Terry Fox Run will take place Sunday, September 18th.**

~ From the Terry Fox Foundation ~

Have you noticed this signage in the main lobby of the Lodge?



Hawthorne Senior’s Care Community, a registered charity, is in the early stages of preparing to launch ***Growing Our Care Capital Campaign***: Our first ever fundraising campaign to raise \$1 million towards the \$4.2 million project to renovate Hawthorne Lodge. As you know, construction is underway and set for completion by next spring.

Why are we renovating the Lodge?

Since Hawthorne Lodge was built in 1994, residential care has changed dramatically. The need to convert the current medical model setting into a more home-like neighbourhood continues to grow. The renovations will result in 38 more private resident rooms (19 new and 19 renovated), new enclosed gardens, intimate dining areas, cozy fireside

lounges and much more. Upgrades will help to enhance residents' social interactions and improve their therapeutic program activities and bathing experiences. Additions such as satellite nursing stations will improve workflow and help boost efficient and timely resident care delivery by the Hawthorne care teams.

At this time, the campaign is focused on raising funds internally - from our staff and board. To date, almost \$80,000 has been pledged from "Team Hawthorne" to the capital campaign. We're thrilled to see such generosity from our team!

The campaign will offer a number of naming opportunities that provide a special way for donors to leave a lasting legacy at Hawthorne Lodge. Whether a donor chooses to use his/her name or dedicate a room in memory of someone special, there will be many ways to take advantage of this exceptional opportunity.

There's still lots to do before we are ready to launch the campaign to our residents and families but stay tuned for future updates.

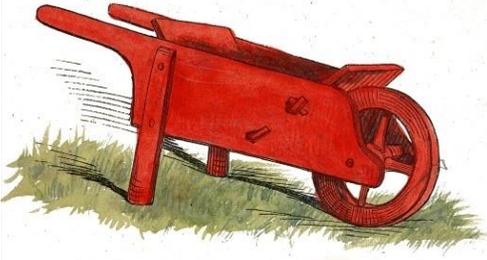


Meanwhile, we are currently recruiting volunteers from the business and philanthropic community to join our campaign committee, which is Chaired by Mayor Greg Moore. If you or a member of your family works for or represents a local corporation, please contact Rita Albano, Manager of the Capital Campaign at 604-468-5027.

We'll be sure to keep you informed as the campaign unfolds. Please contact Rita or Sandra anytime for more information. Rita at ralbano@hawthornecare.com or at 604-468-5027 or Sandra at smartins@hawthornecare.com at 604-468-5012

Summer Career Placement Students

Once again, Hawthorne Seniors Care Community has been fortunate in receiving funding from Human Resources Development Canada for summer gardening students and an office assistant this year. The students have been focusing their time on enhancing and beautifying the gardens and green space of Hawthorne Seniors Care Community for residents, families, staff, volunteers and visitors.



As these positions will be soon coming to an end we would like thank: Clare who has been the office assistant, Kianna has been working in the Adult Day Program and Assisted Living, Jun in the Lodge, Saba in North Cottage and Ana in South Cottage. Thank you, we appreciate all that you are doing for Hawthorne. We will miss you when you leave and wish you all the best as you go back to school.

YMCA STUDENTS

In addition to our summer students we were fortunate to be part of an exchange program with the YMCA. Camille and Alexe are from Quebec and are spending 6 weeks at Hawthorne. They have been assisting in a variety of program areas. We would like to welcome and thank Camille and Alexe for all their help.



Food For Thought



Official Symbols of British Columbia



British Columbia's Provincial Flag

Adopted in 1960, the flag duplicates the design of the shield of arms of the province. Its proportion is five by length and three by width.



Spirit Bear - Provincial Mammal

The Spirit Bear (also known as the Kermode Bear) was added to the list of B.C.'s official symbols in April 2006. The greatest concentration of Spirit Bears can be found on the Central Coast and North Coast of British Columbia. The Spirit Bear is not albino, but rather it is a black bear that has white fur due to a rare genetic trait.



Pacific Dogwood - Provincial Flower

The Pacific dogwood (*Cornus nuttallii*) was adopted in 1956 as British Columbia's floral emblem.



British Columbia's Coat of Arms

The shield of the province of British Columbia was originally granted by King Edward VII in 1906; the remaining elements of the Coat of Arms were subsequently granted by Her Majesty Queen Elizabeth II on October 15, 1987. The Union Jack on the shield symbolizes our colonial origins. Our geographic location between the Pacific Ocean and the Rocky Mountains is represented by the wavy blue and silver bars and the setting sun. The supporters, the stag and the ram, represent the former colonies of Vancouver Island and British Columbia. The royal

crest (the crowned lion standing on the crown), wears a collar of dogwood flowers, and sits atop the golden helmet of sovereignty. Traditional heraldic elements of a wreath and mantling are in Canada's colours. Our provincial flower, the dogwood, appears a second time entwining the motto which translates as "Splendour without Diminishment".



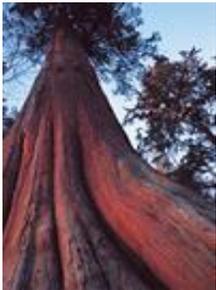
Steller's Jay - Provincial Bird

The Steller's jay (*Cyanacitta stelleri*) became the province's official bird on December 17, 1987. Coloured a vibrant blue and black, it is found throughout the province. This lively, smart and cheeky bird was voted most popular bird by the people of British Columbia.



Jade - Provincial Gemstone

Jade became the official mineral emblem in 1968. Consisting mostly of nephrite, B.C. jade is prized by carvers of fine jewellery and sculptures at home and particularly in the Orient. It is mined in many parts of BC.



Western Red Cedar - Provincial Tree

The western red cedar (*Thuja plicata* Donn) was adopted as the official tree of the province on February 18, 1988. Historically, the tree has played a key role in the lives of west coast aboriginal people, and continues to be a valuable resource for the province.



British Columbia's Provincial Tartan

The provincial tartan has five colours and was adopted in 1974.

British Columbia Day, August 1, 2016

(From the Internet <http://www.gov.bc.ca/bcfacts>)



Food For Thought

BC Cities

E	G	R	O	E	G	E	C	N	I	R	P
V	S	Q	U	A	M	I	S	H	H	D	P
E	P	U	K	O	O	R	B	N	A	R	C
P	O	R	T	H	A	R	D	Y	I	O	M
M	O	T	C	O	W	N	D	N	R	F	R
I	L	N	U	R	O	O	C	E	O	S	A
S	M	E	N	N	O	E	S	L	T	T	N
S	A	K	R	M	T	F	V	A	C	O	O
I	K	E	T	O	A	U	T	Y	I	B	M
O	V	R	N	O	N	S	Q	O	V	B	L
N	O	T	C	I	T	N	E	P	N	A	A
P	O	W	E	L	L	R	I	V	E	R	S

ABBOTSFORD
CRANBROOK
CROFTON
KAMLOOPS
KENT
MISSION

PENTICTON
PORT HARDY
PORT MOODY
POWELL RIVER
PRINCE GEORGE
PRINCETON

SALMON ARM
SQUAMISH
VERNON
VICTORIA
YALE



Poetry Corner

Grandparents

Grandparents are special people with wisdom and pride. They are always offering love and kindness and are always there to guide.

They often make you feel so confident and strong. Their arms are always open no matter what you did wrong. They try to help out in every way that they can. They love all their grandchildren the same whether you're a child, woman or man.

They are always there to listen and to lend a helping hand. They show you respect and then try to understand. They give their love, devotion and so much more, that's easy to see. Grandparents, what perfect examples of the kind of person that we should be.

~By Stacy Smith~
From the Internet



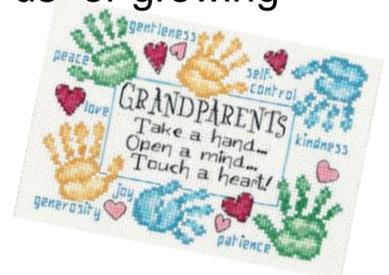
Grandparents are a delightful blend of laughter, caring deeds, wonderful stories and love.

Author Unknown

Grandchildren are God's way of compensating us for growing old.

Mary H. Waldrip

~From the Internet~



Trivia and Random Facts



August 15

Happy Birthday! Napoleon Bonaparte (1769– 1821) was First Consul and then Emperor of France from 1799 to 1814. His civil code is the basis for Europe's modern legal system. He also adopted the metric system that most countries use today. His passion for military conquest led to sensational victories and devastating defeats. His career finally ended with his defeat at the Battle of Waterloo in 1815. He spent his final years as a prisoner on St. Helena Island.



Trivia

Cockroaches would have a good chance of surviving a nuclear war. They have no problem handling radiation levels that would kill a human in 10 minutes.

The only two countries in the world whose names begin with Z are Zambia and Zimbabwe, both in Africa.

The number of cricket chirps you count in a 15-second period added to 37 will approximate the current air temperature.

There are no clocks in Las Vegas gambling casinos.

The first chocolate bar was produced in England in 1847 by the Fry & Son Company, which later became part of Cadbury.

From: ActivityConnection.com



Grandparent's Day Carnival & BBQ 2016

When: Saturday Sept. 10th

Where: Lodge Parking Lot

Time: 11:30-2:00



Family & Friends Welcome!

BBQ tickets \$7.00 for guests & staff

Residents/Tenants Free

*Games *Magician

*Face Painting

