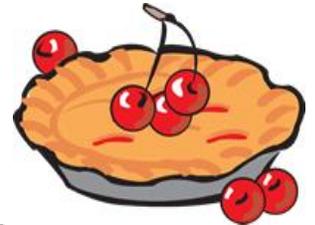




HAWTHORNE HAPPENINGS

Hawthorne Christmas Cafe



Formerly known as the Bazaar

Where: Assisted Living Bistro & Activity Centre

When: Saturday, November 25

Time: 11:00 a.m.-2:00 p.m.

Hot dogs, chili, hot cocoa & treats will be sold in the Activity Centre with plenty of seating for socializing and celebrating the coming holiday season

** Bake Sale *Craft Sale *Raffles *Vendor Tables*

**Plant Sale*

Regular lunch meal will still be served in dining rooms

Please contact Recreation Staff if you have any questions or wish to help



A day in the life....

As you can imagine, a nurse's day can be extremely busy. Our nurses deal admirably with constant demands for their attention and information coming at them from all directions. An Australian study showed that during their shift, nurses are interrupted, on average, every 2 minutes.

While we want to maintain open channels of communication so that family can talk to the nurse about their concerns and get the information they need, we want to ensure the safety of residents at all times.

One way that we can address resident safety is to ensure that the nurses in the Lodge and Cottages are able to dispense medications with the minimum of interruption. It is challenging for them to do so if they constantly have to pause to talk to someone on the phone or in person.



To this end, we would ask that if you would like to speak to the nurse, you should call between **10-11:30 in the morning**, between **1:30 and 4pm in the afternoon** and **after 8pm in the evening**.

Thank you for your understanding.

FRAMED ART PRINT NAMING

Hawthorne was really excited about moving to a new medication administration plan that involved medication cabinets in each resident's room. We felt that this would improve workflow and further individualize care for each person living here.

However, sometimes plans have to be changed for reasons beyond our control. Recently Hawthorne embarked on a new computerized documentation system called EMar for medications administration. This state of the art system is being installed by many care homes as it helps nurses better document medication administration accurately. But it will not work well with medication cabinets. For this reason, we have decided to change our plans and will not be able to install the personal medicine cabinets.

The good news is that we have replaced the medicine



example only

cabinet naming program with another: For a \$500 donation, you can have your message or name engraved on a **Framed Art Print** (min. size 19" x 20") - which will be hung prominently in Hawthorne Lodge. Currently, we have

47 Framed Art prints still available for naming.

Name a Resident's Room

We are pleased to announce that we have lowered the cost to name a new private Resident's Room to \$5,000.



If you are interested in dedicating a resident room in your name or in honour of someone close to your heart, there are still 36 rooms available at \$ 5,000 each (or \$1,250 a year for 4 years).

The campaign offers many other appealing naming opportunities which provide our donors with a special way to leave a lasting legacy at Hawthorne.

For information or a list of current naming opportunities, please call Rita at 604-468-5027.

RE/MAX Sabre Realty Supports Hawthorne

Have you seen these signs around the Tri-Cities?



For every home sold by a participating realtor with **RE/MAX Sabre Realty Group**, a portion of their sales commission will go directly to Hawthorne! So if you are thinking of selling your home, please consider using a participating realtor from RE/MAX Sabre Realty Group. They can be contacted at (604) 942-0606.

RECREATION CENTRE PILE DRIVING!

Please note Ventana Construction who is responsible for building the new Recreation Centre have advised us they have started pile driving. This could last 3-4 months Monday to Friday from 7:00am-7:00pm and on Saturdays from 9:00am-7:00pm. If you have any questions or concerns regarding pile driving you can contact Stuart Kernaghan by email skernaghan@ventanaconstruction.com or by phone at 604-291-9000. The Terry Fox Library and Port Coquitlam recreation centre are still open.

HUMOR



Why we love Children-

I was driving with my three young children one warm summer evening when a woman in the convertible ahead of us stood up and waved. She was stark naked! As I was reeling from the shock, I heard my 5-year-old shout from the back seat “Mom that lady isn’t wearing a seat belt!”

A woman was trying to get the ketchup out of the jar. During her struggle the phone rang so she asked her 4-year-old daughter to answer the phone. “Mommy can’t come to the phone right now she is hitting the bottle”.

From the Internet

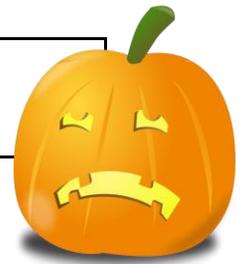
~Dads hold our hands for a little while and hold our hearts forever~

Ruby Lane Vintage





Food for Thought



The Jack-o-lantern

The Jack-o-lantern custom probably comes from Irish folklore. As the tale is told, a man named Jack, who was notorious as a drunkard and trickster, tricked Satan into climbing a tree. Jack then carved an image of a cross in the tree's trunk, trapping the devil up the tree. Jack made a deal with the devil that, if he would never tempt him again, he would promise to let him down the tree.

According to the folk tale, after Jack died, he was denied entrance to Heaven because of his evil ways, but he was also denied access to Hell because he had tricked the devil. Instead, the devil gave him a single ember to light his way through the frigid darkness. The ember was placed inside a hollowed-out turnip to keep it glowing longer.

The Irish used turnips as their "Jack's lanterns" originally. But when the immigrants came to America, they found that pumpkins were far more plentiful than turnips. So the Jack-O-Lantern in America was a hollowed-out pumpkin, lit with an ember.



Oktoberfest

Oktoberfest is a 16–18 day beer festival held annually in Munich, Bavaria, Germany, running from late September to the first weekend in October. It is one of the most famous events in Germany and is the world's largest fair, with more than 5 million people attending every year. The Oktoberfest is an important part of Bavarian culture, having been held since 1810. Other cities across the world also hold Oktoberfest celebrations, modeled after the Munich event.



~ From the Internet ~

Food for Thought



Thanksgiving

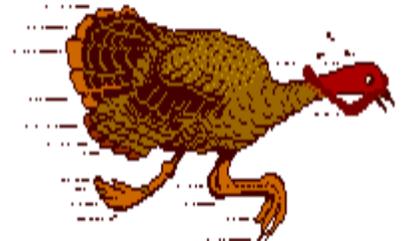
When you sit down to Thanksgiving dinner with your family or friends, you are practicing one of the oldest customs of the human race, dating back to ancient times. Throughout history it has been a day of thanks for bountiful harvests and good fortune. Thanksgiving Day is observed on the second Monday of October each year. The Sunday prior to Thanksgiving Monday is often marked in Christian churches by special services.

~ From the Internet ~

Thanksgiving Turkey

Of all the Thanksgiving symbols the Turkey has become the most well known. The wild turkey is native to northern Mexico and the eastern United States.

The turkey has brown features with buff-coloured feathers on the tips of the wing and on the tail. The male turkey is called a Tom and, as with most birds, is bigger and has brighter and more colourful plumage. The female is called a Hen and is generally smaller and drab in colour. The turkey was originally domesticated in Mexico, and was brought into Europe early in the 16th century. Since that time turkeys have been extensively raised because of the excellent quality of their meat and eggs.



~ From the Internet ~





Remembrance Day

On Remembrance Day, we thank the men and women who served their country by fighting for peace and freedom. We can never truly understand the hardships they experienced, nor the sacrifices they made, but we are grateful for their heroic efforts.

In Flanders Fields

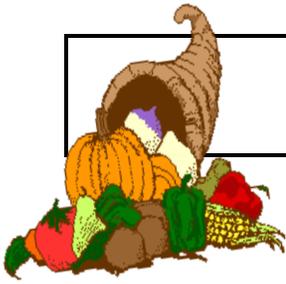
In 1915, Major John McCrae, brigade-surgeon, First Brigade Canadian Forces Artillery, was working in a dressing station on the front line to the north of Leper, Belgium, when he wrote “**In Flanders Fields**”:

In Flanders fields the poppies blow
Between the crosses, row on row
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe;
To you, from failing hands, we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

~ From the Internet ~





Food For Thought

TRICK
OR
TREAT

Halloween Find-A-Word

W I Z O M K D R A Z I W
R B O B S T S O P E B L
C F H G E S B A U E O R
C I G A M A G I M A N Y
O G H O U L A T P M E R
Q S A R T M A L K I S E
X K Z J S B H D I L R T
H A L L O W E E N Y U S
O U J O C I A Z Y R F N
S K C I R T P R K A B O
C I Q U A C S S T C A M
M L R O G H O S T S U Y

Halloween
Pumpkin
Wizard
Monster

Costume
Tricks
Ghoul
Warts

Witch
Scary
Ghost
Magic

Bat
Boo
Mask
Bones