



HAWTHORNE HAPPENINGS

February 16, 2018 marks the start of the Year of the Dog on the Chinese Lunar Calendar

Years: 1934, 1946, 1958, 1970, 1982, 1994, and 2006

Positive Character Traits:

Loyal, helpful, determined, straightforward, genuine, energetic, protective, and hard-working.

Negative Character Traits:

Worried and anxious, pessimistic, opinionated, stubborn, cautious, and do not trust easily.

Most Compatible With: Rabbit, Tiger, and Horse

Lucky Colours for the Dog: Green, red, and purple

Lucky Numbers: 3, 4, and 9

The Legend of Nian

In ancient times, there was a monster that usually lived at the bottom of the sea and came up once a year to feast on animals and humans. Villagers would escape to the mountains in fear of this monster.



One year, a man was seeking shelter while everyone else was running to the hills. A woman gave him shelter as he promised to protect her from the monster. He decorated the doors with red paper sent off fireworks, this scared the monster and he ran away. After realizing that the colour red and loud noises made the monster fearful, this became a tradition to protect themselves.

Now, people give their homes, doors and window-frames a new coat of red paint. Homes are often decorated with red paper cutouts of Chinese auspicious phrases and couplets.

The Order of the Zodiac Animals

There is a specific reason for why the zodiac animals are in the order they are. The Chinese zodiacs' order was chosen by the Jade Emperor through a race. Many people wonder how the tiny Rat beat the others. Well, it's because he's a cunning fellow.

Cat and Rat were supposed to go together. But Cat overslept because Rat had slipped something into his tea the night before. Then on the way, Rat ran into Ox and they struck up a deal: Ox would carry Rat while Rat would sing for him. With Rat's encouraging singing, they quickly made it to the finish line. But just as they were crossing over, Rat jumped down and landed in front of Ox, in first place.

Tiger and Rabbit arrived soon after. Dragon could've been earlier, but he took a detour to save a village from a flood. Snake arrived at the same time, but he was too small to be seen at first. Horse and Goat traveled together, but Horse was a bit faster. Monkey, Rooster and Dog arrived together after helping a god in another country. Pig's home was destroyed by a wolf and he had to rebuild it before joining the race.

~ From the Internet ~



Valentine's Day Around the World!



England

On the eve on Valentine's Day, women in England used to place five bay leaves on their pillows — one at each corner and one in the center — to bring dreams of their future husbands.

Denmark

On February 14th, men give women *gaekkebreve*, a “joking letter” consisting of a funny poem or rhyme written on intricately cut paper and signed only with anonymous dots. If a woman who receives the *gaekkebreve* can correctly guess the sender, she earns herself an Easter egg later that year.

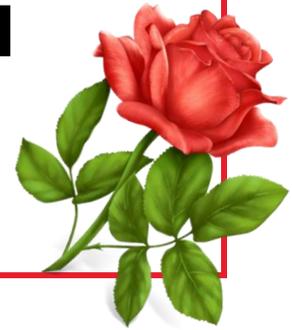
Taiwan

Men are expected to give bouquets of flowers to their beloved one. According to Taiwanese tradition, the color and number of flowers will represent an important message....red roses will represent “an only love”, 99 roses will express “love forever”, and 108 roses signifies popping “The question!”



Happy Valentine's Day - February 14th!

Mad About You Mad Lib



Ask a friend or family member to give you an answer for each blank space – and read out the funny mad lib once it's all finished! Tip: do not let them read the mad lib before they give the answers!

Noun: person, place or thing (ex. spoon, pants, Paris)

Adjective: a descriptive word (ex. soft, short)

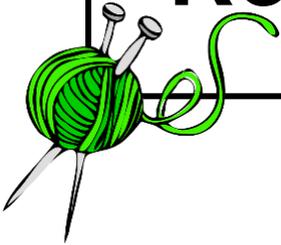
You're the _____ (noun) to my _____ (noun).

I love how much you know about _____ (noun).

You're like a _____ (adjective) version of _____
(celebrity). Here's to a _____ (adjective) Valentine's Day...

Just you, me, and a whole lot of _____ (noun).

Recreation Therapy Month



What is Recreation Therapy?

Recreation Therapy is a way of using recreation, leisure, and FUN activities to assist people in living their best life! By taking part in meaningful and purposeful activities, people can develop individual goals related to socialization, physical health, emotional well-being, and even improving brain functions like memory.

Why is recreation important?

Recreation means something different to each person, and you will see the most benefits of Recreation Therapy if you take part in activities and programs that are *enjoyable* and *meaningful* for you. Research shows that people live longer, healthier lives if they are active, take part in recreation activities, and socialize with others!

How can YOU celebrate Recreation Therapy month?



- Take part in an activity that you never have before!
- Speak to your Recreation Therapist about some personal goals that you might need help reaching!
- Tell your family which programs you attend and why they are important to you!

...And lastly, give your Recreation Therapist a big hug!



Poetry Corner



Valentine

By Nicole L. Gray

Valentine, Valentine, Valentine
O' won't you please be mine
You're such a sweet heart
With love full of sweet tarts



Cupid has struck
His bow and arrow
I can tell because I'm falling for you
O' valentine please come true

Let's make a deal
with a kiss to seal
I'll be your valentine
And you'll be mine



Have I Told You Lately That I Love You?

By Rod Stewart

Have I told you lately that I love you?
Have I told you there's no one else above you?
Fill my heart with gladness, take away all my sadness
Ease my troubles, that's what you do
For the morning sun in all it's glory
Meets the day with hope and comfort too
You fill my life with laughter, somehow you make it better
Ease my troubles, that's what you do



Food for Thought

Heartfelt Words

In the English language, the heart is often used to denote the seat of passion, compassion, courage and intelligence. Using the expressions that follow, identify each common word that contains the word "heart".

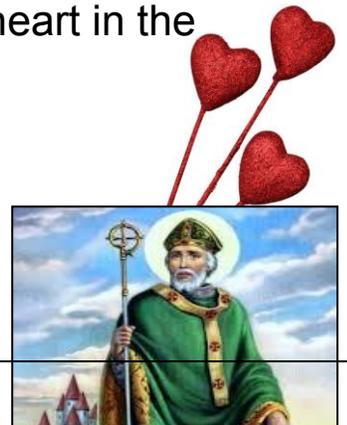
1. To take seriously _____
2. Please be merciful _____
3. Be reassured _____
4. To desire earnestly _____
5. To be frightened _____
6. Discouraged _____
7. Substantial, as a meal _____
8. The central issue _____
9. To be well intentioned _____

10. Characterizing a good person _____

Answers:

- | | |
|---------------------------------------|----------------------------|
| 1. Take to heart | 2. Have a heart |
| 3. Take heart | 4. Have one's heart set on |
| 5. To have one's heart in one's mouth | |
| 6. Disheartened | 7. Hearty |
| 8. The heart of the matter | 9. Have one's heart in the |
| right place | 10. Heart of gold |

~ (from the Internet) ~



Food for Thought

Saint Patrick

St. Patrick, one of the patron saints of Ireland, was born in Banna Venta Berniae, in Roman Britain, sometime in the late 300's AD. His birth name was Maewyn Succat, but he did not care for that, so he changed it to Patricius. Other names he went by included Magonus, Succetus, and Cothirthiacus.

Originally, St. Patrick was not a firm believer in Christianity growing up, even though his father was a deacon. It was not until he was captured by Irish pirates at the age of 16 and enslaved for six years as a shepherd that he chose to convert to the Christian faith. He eventually escaped Ireland, but was soon captured by the French, where he learned about monasticism. After he was released he went back to Britain to study more about Christianity.

St. Patrick claimed that he had a vision telling him to bring the Christian faith to the Irish people, who were predominantly pagan and druidic at the time. When he arrived, his preaching was not welcomed, so he fled to small islands off the coast. He began to gain followers there before moving back to the mainland to attempt spreading Christianity again.

It is believed that St. Patrick is responsible for popularizing the shamrock, a 3-leafed plant, which is a well-used decoration for St. Patrick's Day. According to legend, St. Patrick used the shamrock to teach the Irish the concept of the Christian Holy Trinity. Since they had triple deities and regarded the number 3 highly, this helped him win over the Irish.



St. Patrick's Day began as a religious celebration in the 17th century to celebrate the life of St. Patrick and the arrival of

Christianity in Ireland. It is celebrated on March 17, which is believed to be the day he died. It wasn't until the 18th century that the St. Patrick's Day celebrations were brought over to American Colonies.

St. Patrick's Day is known for the colour green; which dates back to the Irish Rebellion. During this time, Irish soldiers wore green as they fought off the British in their trademark red. Until that time, the colour worn to celebrate was actually blue.

~ From the Internet ~

Sports Trivia

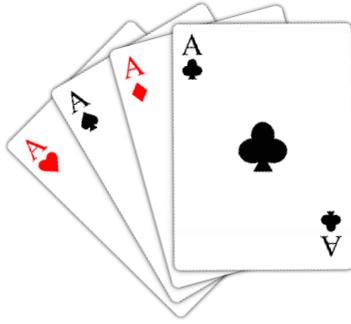
1. What were golf balls originally made of?
2. What is a golfer with a handicap of zero called?
3. What golfer has won the most tournaments overall?



Answers:

1. Thin leather stuffed with feathers
2. A scratch golfer
3. Sam Snead





Food for Thought

The History of Playing Cards

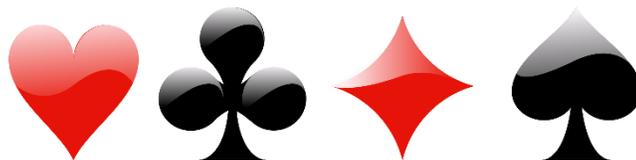
The earliest playing cards originate in China dating back to the Tang Dynasty (618-907) when the Chinese played with card tiles made of bone or ivory. With the invention of paper in the 12th century, the Chinese began using cards made with heavy paper.

Playing cards soon traveled to the Middle East. They added the **four suits**, **card ranks**, and **face cards** seen in a deck today. The four suits started out as coins, cups, swords, and sticks, and later evolved; coins became diamonds, cups turned into hearts, spades replaced the swords, and the sticks became clubs.



Did you know...

Each of the suits on a deck of cards represents the four major pillars of the economy in the middle ages: heart represented the Church, spades represented the military, clubs represented agriculture, and diamonds represented the merchant class.





Food for Thought

Be Mine Find-a-Word

N T B L R Q
 C U P I D G J C Q C
 C A R D S D Y C Q Q D R
 P I B O A W B S Q S N H B B T A
 S E C R E T A D M I R E R I N G S
 C A N D Y H E A R T S E S O R E D
 C H O C O L A T E S U N E V D Q E
 R O M E O & J U L I E T T E F
 S D R I B E V O L K I K N
 V A L E N T I N E R O M A
 H A P P I N E S S Y L
 Q U W U N Q I Q S
 C A S P H
 P I H
 V

Hearts

Venus

Cards

Candy

Chocolates

Cupid

Heart

Happiness

Lovebirds

Red

Rings

Roses

Secret Admirer

Valentine

Romeo & Juliette

